

# FITNESS PILATES &



## MAT PILATES CLASSES

**Every Monday 6.00pm - 7.00pm**

**Kentish Town Community Centre  
17 Busby Place  
London NW5 2SP**

**£12 per session**

**Contact Ben: 07895 407 722  
[www.fitnessandpilates.co.uk](http://www.fitnessandpilates.co.uk)**